

The Parishes of Swaffham and Sporle

Vicar: Revd Janet Allan

Assistant Curate: Revd Tori Venmore-Rowland

Reader: Andrew Mash

www.swaffhamparishchurch.org

A warm welcome to church, whether you are joining us in person or online.

Sunday 12th March (Lent 3)

9.30 a.m. Sung Eucharist (Swaffham)
Hymns: 368, 416 (tune 1), 469, 556 (tune 435 i)
Eucharistic Prayer C

11.30 a.m. Eucharist (Sporle)
Hymns: 15, 120, 231 (HON)

The week ahead

Monday: 1.30 p.m. Heartwood Year 2 in church (Swaffham)

Tuesday: 7.15 p.m. Choir practice (Swaffham)

Wednesday: 10 a.m. Holy Communion (Swaffham)
11 a.m. Lent course (Swaffham)

Saturday: 9.30 – 12: Coffee morning (Swaffham)
11 a.m. Sporle PCC (The Old Forge)

Sunday 19th March (Mothering Sunday)

8 a.m. Said Holy Communion (Swaffham)

9.30 a.m. United Benefice Sung Eucharist (Swaffham).

2 p.m. Baptism of Wren Pavitt

News

Friday 17th March 12 noon: St Patrick's Day soup and pud lunch in church (Swaffham). Tickets £7 from Dorothy Starling or Sheila Fowler.

Saturday Coffee morning: These have now resumed. Helpers always welcomed – let us know if you would like to do so.

Swaffham Annual Meeting of Parishioners (to elect church wardens) and Annual Parochial Church Meeting, to be held on 22nd March, 7 for 7.30 p.m. If you would like to stand for election, do see the information at the back of church.

Sporle Annual Meeting of Parishioners and Annual Parochial Church Meeting will be on Saturday 22nd April at 11 a.m.: see notices at St Mary's.

Lent Course: *Discipleship as Improvisation* – a course by Revd Canon Edward Carter (St Peter Mancroft), based on the book *Improvisation* by Sam Wells. This will run in St Peter & St Paul's at 11 a.m. on Wednesdays 1st, 8th, 15th, 22nd, 29th March in church. All welcome.

The Bishop's Lent Appeal 2023 will help to raise money for the new Priscilla Bacon Lodge hospice building, which will increase capacity for end of life specialist care in Norfolk and Waveney. Funds received will be in memory of The Venerable Ian Bentley, who was Archdeacon of Lynn. If you wish to contribute, there will be an opportunity in our second collection bowl at the back of church

Confirmation Course: please let Revd Janet know if you wish to join this.

Bible Study Group meets at Jan Edwards' house, usually on the 1st and 3rd Wednesday of the month at 2.30 p.m., and the next dates are: March 15th; April 5th and 19th. Ask Revd John Handley or Ralph Clarke for details.

DONR: donations to Swaffham Parish Church via text message: text CHURCH to 70580 to donate £5 (and there is a facility to add gift aid if you wish)

Communion arrangements: please feel free to receive the bread only if you wish. The common cup has been reintroduced, but intincting/dipping is not permitted for reasons of hygiene as well as to prevent contamination from gluten. Gluten-free wafers are available on request if needed.

For our prayers

Those who are sick (to be read out in church):

Jo, Grace, Henry, Pernille Henman, Pauline Henman, Michelle Morano, Raymond, John White, Wendy, Andrew Spencer, John Whalebelly, Elsie Page, Terry Page, Anne Knight, Nancy Morgan, Sheila Fowler.

Pray also at home for: Lucy Wilkinson, Judy Walder, Neil Hopkins, Paul Goodman, Rick Richards, Elizabeth Fooks, Frances Smith, Jill Flack.

Those who have died:

Richard Stanford, Michael Dye, Olive Saunders, Valerie Godfree, Colin Inker, Michael Hunt, John Whalebelly.

Pray for all who mourn