

**16 August 2015**

## **Eleventh Sunday after Trinity**

### **Collect of the Day**

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

### **First Reading**

*Proverbs 9.1-6*

<sup>1</sup>Wisdom has built her house,  
she has hewn her seven pillars.  
<sup>2</sup>She has slaughtered her animals, she has  
mixed her wine,  
she has also set her table.  
<sup>3</sup>She has sent out her servant-girls, she  
calls  
from the highest places in the town,  
<sup>4</sup>'You that are simple, turn in here!'  
To those without sense she says,  
<sup>5</sup>'Come, eat of my bread  
and drink of the wine I have mixed.  
<sup>6</sup>Lay aside immaturity, and live,  
and walk in the way of insight.'

(NRSV)

### **Second Reading**

*Ephesians 5.15-20*

Brothers and sisters, <sup>15</sup>be careful then how you live, not as unwise people but as wise, <sup>16</sup>making the most of the time, because the days are evil. <sup>17</sup>So do not be foolish, but understand what the will of the Lord is. <sup>18</sup>Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, <sup>19</sup>as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, <sup>20</sup>giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ. (NRSV)

## **Gospel**

*John 6.51-58*

Jesus said to the Jews: <sup>51</sup>'I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

<sup>52</sup>The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' <sup>53</sup>So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup>Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; <sup>55</sup>for my flesh is true food and my blood is true drink. <sup>56</sup>Those who eat my flesh and drink my blood abide in me, and I in them. <sup>57</sup>Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. <sup>58</sup>This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.' (NRSV)

### **Post Communion Prayer**

Lord of all mercy,  
we your faithful people have celebrated  
that one true sacrifice  
which takes away our sins and brings  
pardon and peace:  
by our communion  
keep us firm on the foundation of the  
gospel  
and preserve us from all sin;  
through Jesus Christ our Lord.