

# The Parishes of Swaffham and Sporle

Vicar: Revd Janet Allan

Assistant Curate: Revd Tori Venmore-Rowland

Reader: Andrew Mash

[www.swaffhamparishchurch.org](http://www.swaffhamparishchurch.org)

A warm welcome to church, whether you are joining us in person or online.

## Sunday 26<sup>th</sup> March (Lent 5)

**9.30 a.m.** United Benefice Sung Eucharist (Swaffham).

Hymns: 499 (omit \* verses), 109, 565, 398

Eucharistic Prayer F

**11.30 a.m. Eucharist (Sporle)**

Hymns: 362, 69, 53 (HON)

## The week ahead

**Tuesday:** 1.45 p.m. Heartwood Easter service in church (Swaffham)

7.15 p.m. Choir practice (Swaffham)

**Wednesday:** 10 a.m. Holy Communion (Swaffham)

11 a.m. Lent course (Swaffham)

3 p.m. Interment of Ashes - Carol Darby

**Thursday:** 11 a.m. Funeral of John Whalebelly in church (Swaffham)

1.30 p.m. Sporle Primary Easter service in St Mary's

**Saturday:** 9.30 – 12: Coffee morning (Swaffham)

## Sunday 2<sup>nd</sup> April (Palm Sunday)

**9.30** Sung Eucharist (Swaffham)

**11.30** Eucharist (Sporle)

**6 p.m.** Sung Evensong (Swaffham)

## News

**Saturday Coffee morning:** These have now resumed. Helpers always welcomed – let us know if you would like to do so.

**Lent Course:** *Discipleship as Improvisation* – a course by Revd Canon Edward Carter (St Peter Mancroft), based on the book *Improvisation* by Sam Wells. This will continue in St Peter & St Paul's at 11 a.m. on Wednesdays 22<sup>nd</sup>, 29<sup>th</sup> March in church. All welcome.

**Holy Week and Easter services:**

Sunday 2<sup>nd</sup> April – Palm Sunday -see above

Thursday 6<sup>th</sup> April - Maundy Thursday: 8.00pm

Eucharist of the Last Supper followed by the Watch until 11 p.m. (Swaffham)

Friday 7<sup>th</sup> April Good Friday:

11.00 a.m. The Churches Together Act of Witness (begins in the Parish Church, processing to the Buttercross)

Saturday 8<sup>th</sup> April: 8.00 p.m. Easter Vigil and first Eucharist of Easter

Easter Day: there will be services in both Swaffham (9.30) and Sporle (11.15)

**The Bishop's Lent Appeal 2023** will help to raise money for the new Priscilla Bacon Lodge hospice building, which will increase capacity for end of life specialist care in Norfolk and Waveney. Funds received will be in memory of The Venerable Ian Bentley, who was Archdeacon of Lynn. If you wish to contribute, there will be an opportunity in our second collection bowl at the back of church **Bible Study Group** meets at Jan Edwards' house, usually on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month at 2.30 p.m., and the next dates are: April 5<sup>th</sup> and 19<sup>th</sup>. Ask Revd John Handley or Ralph Clarke for details.

**DONR: donations** to Swaffham Parish Church via text message: text CHURCH to 70580 to donate £5 (and there is a facility to add gift aid if you wish)

**Communion arrangements:** please feel free to receive the bread only if you wish. The common cup has been reintroduced, but intincting/dipping is not permitted for reasons of hygiene as well as to prevent contamination from gluten. Gluten-free wafers are available on request if needed.

## For our prayers

Those who are sick (to be read out in church):

Jo, Grace, Henry, Pernille Henman, Pauline Henman, Michelle Morano, Raymond, John White, Wendy, Andrew Spencer, Elsie Page, Terry Page, Anne Knight, Nancy Morgan, Sheila Fowler.

Pray also at home for: Lucy Wilkinson, Judy Walder, Neil Hopkins, Paul Goodman, Rick Richards, Elizabeth Fooks, Frances Smith, Jill Flack.

Those who have died:

Valerie Godfree, Colin Inker, Michael Hunt, John Whalebelly, Paula Smith.

Pray for all who mourn