

# **The Parishes of Swaffham and Sporle**

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**A warm welcome to our churches.**

*We are open in Swaffham normally from 9am to 4pm for visitors*

## **Sunday August 9<sup>th</sup> – Trinity 10**

**St. Peter & St. Paul, Swaffham**

**St. Mary the Virgin, Sporle**

**9:30am** Sung Eucharist

**11:00am** Eucharist

*150<sup>th</sup> Anniversary of Mothers' Union*

Hymns: MP 428, 456, 806, 200

## **The Week Ahead**

- Monday**      **All Day** Fr. Nigel day off  
**All Week** Administrator on annual leave returns Monday 17th  
**2:00pm** Sporle Monday Cafe
- Tuesday**      **7:00pm** Silent Prayer, Contemplation & Meditation
- Wednesday**      **10:00am** Eucharist  
**7:00pm** Faith & Confirmation Group at The Vicarage
- Thursday**      **All Day** Fr. Nigel Day off  
**12 noon** Mothers' Union, Fakenham Garden Centre
- Friday**      **2:00pm** Wedding Rehearsal
- Saturday**      **9:30am – 12 noon** Saturday Morning Coffee & Cake  
**1:30pm** Swaffham Wedding – Titmarsh & Sycamore  
**3:00pm** Eucharist – The Blessed Virgin Mary

**We pray for those who are sick:** *Kathryn Haynes, Richard Brocklehurst, Ivan Clarke, Fr. Richard Howells, Andrew Emrich, Leslie Iles-Hunt, Molly, Mrs Betty Maynard, Anne Handley, Susan, Olwen Farrow, Elaine Miller*

**We pray for those who have died:** *Catherine Ashford, Adam Greenacre, Graham Garrod, Mrs Ann Corley*

## **Sunday next 16<sup>th</sup> August – Trinity 11**

**8:00am** Said Eucharist, St Peter & St Paul

**9:30am** Joint Benefice Sung Eucharist at St Peter & St Paul

*Hymns: CP 557, 497, 477, 598*

*Readings: Isaiah 56.1, 6-8, Romans 11.1-2a, 29-32, Matthew 15.21-28*

**11:00am** Patronal Eucharist for the

**2:00pm** Swaffham Baptism

Blessed Virgin Mary

## **Collect**

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## **1 Kings 19.9-18**

At that place he came to a cave, and spent the night there. Then the word of the Lord came to him, saying, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.'

He said, 'Go out and stand on the mountain before the Lord, for the Lord is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence.

***The reading continues and concludes...***

Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.'

## **Romans 10.5-15**

Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.' But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?"' (that is, to bring Christ down) 'or "Who will descend into the abyss?"' (that is, to bring Christ up from the dead). But what does it say? 'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is

Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.' But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, 'How beautiful are the feet of those who bring good news!'

### **Matthew 14.22-33**

Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking towards them on the lake. But when the disciples saw him walking on the lake, they were terrified, saying, 'It is a ghost!' And they cried out in fear. But immediately Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.' Peter answered him, 'Lord, if it is you, command me to come to you on the water.' He said, 'Come.' So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, 'Lord, save me!' Jesus immediately reached out his hand and caught him, saying to him, 'You of little faith, why did you doubt?' When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

### **Post Communion**

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord.

**Thursday 13<sup>th</sup> August 12 noon** – Mothers' Union -We shall be meeting at Fakenham Garden Centre for lunch. Next meeting September 10<sup>th</sup>.

**Saturday 22nd August 3pm** – Organ Recital by Gabriel de Laharpe, Guest organist at Saint-Jean-Baptist-de-La-Salle, Paris. Free admission. Donations to St. Peter & St. Paul Church, Refreshments.

**Friday 28th August 6:30pm** – Ralph Allwood Singers – “the Cloud Capp'd Towers”. A concert directed by Ralph Allwood MBE with students from London music colleges on their Norfolk tour. Proceeds after expenses to St. Peter & St. Paul. Tickets £12.50 in advance from Museum & Veronica or £15 on the door.

**Flower Festival 28<sup>th</sup> - 31<sup>st</sup> August** - Donations in memory of loved ones are welcomed and those names may be listed in the programme if so desired; Speak with Sheila, Jan or Jean B. Help would be appreciated with Refreshments during the four-day Festival, i.e. baking, serving and washing up. Maggie Clews will be coordinating this and a list of dates and time slots will be available.

**Norfolk Churches Trust Sponsored Bike Ride 2026** -Once again, Veronica will be pedal pushing for this event on Saturday September 12<sup>th</sup>. She is looking for sponsors (please!) and for anyone who would like to accompany her. Sponsor forms available after the Sunday service.

**Second Collection, August** – Convoy of Hope. Whether it's feeding children, empowering women, training farmers, responding to disasters, or serving a community in need, the goal is to bring help and hope where they are needed most. Convoy is proud to work through churches, businesses, government agencies, and other non-profits to provide help and hope to those who are impoverished, hungry, and hurting.

**Bible Discussion Group** – The next meeting is Wednesday September 2<sup>nd</sup> at 15 Wroxham Avenue, Swaffham at 2.30pm. If you like to try a taster session, please ask Ralph Clarke or Rev John Handley.

**Safeguarding Information** – Statutory safeguarding information is displayed at the back of both Swaffham and Sporle Churches, along with a file with general safeguarding information in Swaffham Church. Please do not remove any of the contents or the file itself. If you have any concerns please contact the Parish Safeguarding officer Swaffham: Michael Atkinson on 07936 321653 or Sporle: Denise Corsini on 07969 083121.

**Additions for the Pew Sheet** – If you have anyone you wish to add to the sick or departed lists, or an event/notice you wish to advertise here, please send the information before 1200 on Thursday to Jo, the Parish Administrator at:

[swaffhamparishchurch@gmail.com](mailto:swaffhamparishchurch@gmail.com) or give the information to the vicar or churchwardens. This allows time for inputting, checking and printing, thank you.  
[www.swaffhamparishchurch.org](http://www.swaffhamparishchurch.org)